



November 13 Is "World Kindness Day"

Respecting 'No' Is an Act of Kindness

Our animated short film "*Are You Listening?*" teaches young teens three essential principles of consent: Ask. Listen. Respect.

World Kindness Day, celebrated internationally on November 13, reminds us that kindness is expressed through compassion, understanding, and respect for others. For young people learning to navigate friendships and relationships, one of the most important acts of kindness is respecting another person's feelings, choices, and personal boundaries.

"Are You Listening?" brings this message to life through a story that explores the struggles young people face when navigating consent in their everyday lives.

When a teenage boy named Kai attempts to kiss his friend, Ivy, at a party, he reacts with anger and embarrassment when she shares that she isn't ready. After their friend, Taryn, attempts to lend support, the three friends clash and their conflict continues when they return to school.

With the help of a school counselor, the friends discover that despite their different points of view, their experiences have more in common than they think. This discovery helps them remember that asking for what they want, listening to the response, and respecting the answer are powerful expressions of kindness and also, the foundations of consent.

Our "Fight Child Abuse" campaign is an abuse prevention initiative with *free* animated resources for children teens in grades K-12.

The animation lessons are available at www.FightChildAbuse.org and on YouTube.

The free resources are divided into grades K-3, grades 4-6 and teens.

Created by leading child advocates, therapists, and researchers, these age-appropriate lessons help young people recognize unsafe situations, build healthy relationships, and know when and how to seek help from a trusted adult.

The campaign was developed by the Barbara Sinatra Children's Center Foundation, in partnership with Wonder Media and the Joshua Center on Child Sexual Abuse at the University of Washington.

To view ***"Are You Listening?"*** scan this QR Code

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This link contains a detailed history of the success of FightChildAbuse.org