



Presidential View

Ready, Set, Grow!

Veronica Douglas, LSCA President 2019-2020



I am honored and privileged to serve as your President, representing some of the most talented and diverse school counselors in our profession. I am one of you, as I currently serve students at University Elementary in Caddo Parish, Shreveport, Louisiana. I have worked as an elementary counselor for the past 12 years. I am a proud alumnus of Louisiana Tech University. I am a National Certified School Counselor and National Certified Counselor. I also provide contract services as a Licensed Mental Health Professional within the Northwest Louisiana community.

We are now ready to embark upon what promises to be an exciting year. A year of collaboration, setting new goals, providing opportunities for professional development and increasing our advocacy efforts. I am elated to be a part of LSCA as we work together for the betterment of our profession. This year I would like you to join me in focusing on the

(Presidential View, continued on page 2)



Try It, You Might Like It!
Denise Latour, LSCA Past President

As school counselors, we encourage our students to grow by stepping outside of their comfort zones. I am challenging you to take the first step. Consider becoming more involved with LSCA – your professional organization. Volunteer for a committee. Run for a position on the board.

Many years ago Frank Phinney and Jen Curry invited me to do the same. I jumped in with both feet despite not knowing how to swim. This leap provided numerous opportunities for me to grow as a counselor and as a person. My involvement in LSCA led me to

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Newsletter Features...

- Vice President Reports begin on page 2
- 2019 LSCA Track on page 3
Also see additional details about LSCA at the LCA Conference in Dr. Rock's article on page 6
- 2019 LSCA Candidates and By-Law Amendment on page 11
- The LSCA Leadership Roster now requires a full page! See page 13
- The mail-in ballot for the 2019 election is on page 14

Photos on page 2, 6, and 7 from ASCA Conference with image on page 10 from Teacher Leader Summit submitted by Dr. Wendy Rock.

Louisiana School Counselor Association Mission:

To support professional school counselors as they assist students and their families in their academic, career, and personal/social development.

Welcome New LSCA Members!

By Diane Austin, LCA Executive Director

Welcome to the following LSCA Members who joined or reinstated their affiliation since January 2019:

Christine Anthony

Adria Bergeron

Sandy Breaux

Sharon Brouillette

Ann Burton

Jessica Coalson

Mico Cooper

Olivia Curtis

Brenda Demouchet

Alexis Evans

Rachel Frazer

Paula Fuqua

Anne Guidry

Kelly Guin

Tierra Harrison

Ready Set, Grow, continued from page 1

LSCA mission which is on the first page of our newsletter: "To support professional school counselors as they assist students and their families in their academic, career, and social/emotional development."

In July, I was privileged to represent LSCA at the 2019 American School Counseling Association Conference in Boston, MA. As always, school counseling conferences provide a plethora of learning opportunities for school counselors, counselor educators, and graduate students. Louisiana counselors presented content sessions and two, Tristan Bergholtz and Tara Washington were recognized for their RAMP Program at Woodlawn Middle School in Baton Rouge. While attending a national conference is wonderful, it is not always possible for every school counselor to participate for whatever reason. May I strongly encourage each of you to consider attending the 2019 LCA Annual Conference on September 29th – October 1st, 2019 in New Orleans, Louisiana. This year's theme is "Together We Thrive: Revitalize, Rejuvenate and Invigorate". The conference will be at the New Orleans Sheraton Hotel. LSCA is sponsoring an excellent pre-conference session on Saturday (see Dr. Rock's article on page 6). I am also glad to announce that many, many sessions are planned which you may find useful and could add value to your increased professional and personal development! See page 4 of this issue for a partial list of those sessions. We have again tried to provide as many opportunities for school counselors on Saturday and Sunday to prevent you having to take time off from your workdays. From Pre-Conference on Saturday, featuring Terri Tchorzynski 2017 ASCA Counselor of the Year, through the LSCA Luncheon and Awards Program and LSCA Track, there will be many opportunities for you to benefit and GROW!

Beginning with this issue, I am resuming our practice of welcoming our newest LSCA members. I encourage each of you to commit or recommit and become actively engaged by joining a committee, consider facilitating a conference presentation/workshop, or simply volunteering when possible. In an effort to increase membership, we ask that you would spread the word and encourage others to get excited and join OUR organization. LSCA is the only professional organization solely focused on advancing the profession of school counseling in Louisiana.

I am looking forward to a wonderful year for all of us in LSCA. I hope you will join me in helping to make our mission more meaningful in all roles we play as school counselors!

Humbly submitted,

Veronica Douglas,

LPC-S, NCC, NCSC



Louisiana Counselors celebrated at ASCA Conference! *L to R, front row:* Dr. Wendy Rock, Veronica Douglas, Dr. Richard Wong, ASCA Executive Director, Tara Washington, Keshia Simmons, Tristen Bergholtz. *Second row:* Ricardo Washington, Ben Bergholtz and Tirza Fernandez-Brazier, Director of Counseling and Guidance, East Baton Rouge Parish.

Registered for LCA Fall Conference?

If not, please do so TODAY: <https://www.lacounseling.org/lca/default.asp> And while you are there, purchase your Luncheon ticket. Be sure to list LSCA as your primary Division so that we will get a LARGER conference rebate!! ☞

- ◆ Develop new friendships with others who are passionate about our profession.
- ◆ Become an advocate for School Counseling.
- ◆ Become a National Certified School Counselor.
- ◆ Present at an LCA Conference.
- ◆ Attend ASCA Conferences and participate in Leadership Development Institute.
- ◆ Work with First Lady Edwards, Tara Washington, and others to promote School Counselors.
- ◆ Serve on the LOSFA Advisory Board.
- ◆ Serve on the LDOE School Counselor Working Group.
- ◆ Serve on Dual Enrollment Framework Task Force.

Thank you for allowing me the opportunity to serve as the 2018 President of LSCA. My success would not have been possible without the assistance of the LSCA Board and Committee Members. ✂



LSCA Board Meeting Update for Members

Dr. Wendy Rock, volunteer recorder

The Louisiana School Counselor Association (LSCA) held its summer transitional board meeting on Saturday, June 8, 2019, at Drusilla Seafood Restaurant in Baton Rouge. LSCA is a non-profit organization with a bank balance of around \$45,500. Our budget includes expenditures on plaques and awards to recognize all award nominees and School Counselor of the Year winners, research grant and scholarship awards, public relations and promotional materials, professional development, postage, website, board meeting expenses, newsletter publication, merchandise, accounting fees, travel for leadership to the annual national conference, and other operating expenses. The budget was approved by the board.

Proposed bylaws changes, as recommended by the American School Counselor Association (ASCA) include appointing a non-voting member of LSCA to serve on the LCA Executive Board to fulfill the requirements of the Division President due to the LSCA President's fiduciary responsibility to LSCA. Find more information on the change to the By-Laws in this newsletter and plan to vote on the proposed amendment at the LSCA Luncheon during the LCA Conference.

CPA Jim McClelland has been given power of attorney for LSCA which will allow him to interact with the IRS on LSCA's behalf. Mr. McClelland will help LSCA get caught up on 990s for 501 C6 status.

Committee members provided reports, and conference planning took place during the board meeting. This newsletter will have articles with updates from committee chairs as well as more information on what to expect at the 2019 LCA Conference. In addition, the board discussed a concern about how school counselors are being evaluated by their principal, if the COMPASS Rubric for school counselors is being utilized, and how it is being administered. The board plans to conduct a short survey during the LSCA luncheon to get more information on this critical issue.

Finally, the installation of the new officers took place. The board thanks Denise Latour for her service to the board as our 2018-2019 President! She transitions to the role of Immediate Past-President and takes on the responsibility of nominations and elections (more information on that in this newsletter). The new board members and positions include Veronica Douglas, President; Dr. Ariel Mitchell, President-Elect (congratulations Dr. Mitchell on the arrival of her twin girls!); Kesha Simmons, President-Elect

(LSCA Board. continued on page 6)

Stephanie Hebert

Dione Joseph-Breckenridge

Elizabeth Landry

Monica Lauterbach

Jennifer Le

Leslie Manadier

Amanda McMullen

Sharon Natt

Kelli Pickett

Dione Prince

Sarah Rider

Carol Rougeau

Kristian Searle

Mounira Stephens

Lyndell Stove

Skye Sullivan

Ronina Walls

Christopher Whittington



2019 LSCA TRACK

Submitted by Diane Austin and Dr. Wendy Rock



More than 30 sessions of interest to school counselors are planned for the Fall LCA Conference. Here is a listing of some of the titles. Take a look at the conference app or detailed list of content session on the LCA website for schedule information.

- 101 Addiction: A Family Disease, Ann Wilder
- 101 Words Matter: Staying Competent in Affirming LGBTQI+ Terminology, Kenneth Schmitt & Cody Smith
- 101 Working with LGBTQ+ Clients, Dr. Myo Thwin Myint
- 101 OBH's State Address on the Opioid Epidemic in Louisiana, Quinetta Rowley Womack & Joseph Kanter
- 101 Gender Identity and Expression: Cultivating Sensitivity to the Unique Needs and Experiences of the Trans-Identifying Clients, Kyle Hankinson
- 101 Federal Aid Partner Summit, Claire Bucknor, Barry Bailey, Ann Carmichael, & Tireka Cobb
- 101 Speaking the Spectrum: Talk-Based Therapy for Autism and Asperger's Syndrome, Katie Blum & Alfred Tuminello
- 101 Resources and LA Opportunities Available Through SACAC and NACAC, Caitlin Neal-Jones & Kerri Caruso
- 101 Using EFT Principles in Student Conflict Resolution Sessions, Laura Smestad & Tralena Eugene
- 101 Utilizing Mindfulness Based CBT to Address Anger and Aggression in Middle Schools, Lauren Clark
- 101 Integrating Expressive Art and Play Based Interventions for Children Experiencing Traumatic Stress, Wendy Durant
- 101 Champions of Change: Addressing the Equity Gap Within Schools, Ashley Chubock & Meghan Storey
- 101 Writing, Implementing and Tracking Behavioral Plans in Non-traditional Educational Settings, Leslei DeMartin & Cassandra Chambers
- 101 HPSO Review—Insurance for Clinical Mental Health Providers and School Counselors, HPSO Staff Lawyers
- 101 What School Counselors Need to Know about ACEs, Kelle Falterman
- 101 Understanding and Treating Adolescents Who Self-Harm, Kathleen Levingston
- 101 Moving Toward Mindfulness: Implementing Mindfulness as a School-Wide Initiative, Alicia Griffin & Layla Touchet
- 101 Creating Innovative Experiential Learning for Career Explorations, Chantrelle Varnado-Johnson
- 101 Early Childhood Guidance Lessons: Teaching and Engaging our Youngest Learners, Brittany Hebert & Summer Bradford
- 101 Assessing Personality: An Analysis of Typology from the Myers-Briggs to Numerology, Dr. Walter Breaux
- 101 Infusing Technology into your School Counseling Program, Miya Nelson
- 101 Facing the Elephant: Children Living with Domestic Violence, Missy Frye & Ellen DeCuir
- 101 Transitions: The Roadmap for Middle School to High School Transition, Dr. Dymphna Davis & Keisha Simmons
- 101 Play Therapy in the Schools: Promoting the Power of Play Therapy, Dr. Erin Dugan, Tamara Claverie, & Molly Sanders
- 101 Real Talk: Varying Perspectives on School Counselor Supervision, Dr. Reshelle Marino, Amanda Vigreux, Andrew Cowan, & Hannah Furlan
- 101 I am a Licensed Professional Counselor and a Certified School Counselor: What is my Role in the School Setting? Dr. Laura Fazio-Griffith & Dr. Wendy Rock
- 101 Integrating STEM Career Development into your Comprehensive School Counseling, Dr. Christopher Belser
- 101 School Counseling and the Google Suite, Meghan Duplessis & Tina Chaisson **(bring your device with free Google suite loaded)**
- 101 RAMP, Tara Washington & Veronica Douglas
- 101 Preventing School Counselor Burn Out Through Self-Care, Tara Washington & Dr. Stephanie Eberts

BON APPETIT'

LSCA Vice Presidents Report



What is your “Theme Word” for the Year?

Miriam Davis, Elementary School Vice President

Hello everyone! I am honored that I get the opportunity to represent you on the elementary level. I currently work for the Lafayette Parish School System where I counsel over 250 amazing students! This past school year was my first year as a school counselor and I am eager to start year two!

As we embark on a new school year journey, what will be your “theme word” for the year? What is a “theme word” you ask? Well, it is a word that helps you to stay focused on your goals and mission for the school year. It is a word that you can say to yourself that will reignite your passion and purpose for choosing this profession. My word for the school year is hope. I believe that hope is not always visible but is attainable in any situation. I encourage all of you not to lose hope when working with your students and families this school year, no matter what negative circumstances may occur. Keep in mind that “Once you choose hope, anything’s possible”-Christopher Reeves.

I would love to hear from you and know what your theme word is for the year! You can contact me by emailing me at mxdavis@lpssonline.com. Also, mark your calendars for the LCA conference which will be held on September 29th through October 1st in New Orleans. We have an awesome LSCA luncheon planned, so please make plans to be there! I cannot wait to meet you!



Middle School Counselor Meet-Up Coming!

Dr. Dymphna D. Davis, LSCA Middle School VP

It is my extreme pleasure to serve as the LSCA middle school VP. It has been an eventful year for LSCA but we still have work to do as it relates to advocating for our role within schools, communities, and at the state level.

Article continues in next column ...

As we get in gear to start a new year, I want to hear from you!

With the help of the social media committee, I will be hosting middle school counselor meet-ups. Middle school counselors are invited to share their thoughts on five questions:

1. What are our strengths?
2. What are our challenges?
3. What should we start doing?
4. What should we stop doing?
5. What is possible?

Our first middle school counselor meet-up will be during the LCA conference. Information on upcoming meet-up times and location will be posted on all LSCA social media sites. I am so excited to engage with each one of you! Feel free to reach out to me if you have any questions, concerns or if you want to volunteer. My email address is phdddavis191307@gmail.com. This will be an amazing year, let's get in gear!



Getting to Know Your Peers

Amanda Duplantier NCC, LPC, LSCA Secondary Vice President



I am so honored to be able to help support all of the secondary school counselors for the next two years. I would like to take this time to thank Tanya Hebert for her hard work supporting us over the last two years. I am excited to not only continue the encouragement of secondary school counselors being involved in both LSCA and LCA, but also to challenge you in new and exciting ways.

I am passionate about developing professional development opportunities in our local school communities. The idea of getting to know your fellow school counselors that are a part of not only your feeder schools, but also with in your district can help us to help our students. When we learn about the areas of concern that our lower level counterparts may have regarding our future students we can learn to better prepare for our future school year. I hope to be able to share more information with you all during the LCA

(LSCA VP Reports, continued on page 6)

LSCA Board, continued from page 3

-Elect, Miriam Davis, Elementary Level Vice-President; and Amanda Duplantier, Secondary Level Vice-President. The board also said farewell to Jill Lockhart who has served as LSCA Treasurer for seven years, we thank her for her dedication and service to the organization. The board welcomed Pamela Radford as the new LSCA treasurer, she is a member of LSCA, works in the Caddo Parish school district, and serves as treasurer of Caddo School Counselor Association.

The next LSCA Board Meeting will be held on Sunday, September 29, 2019, at the Sheraton New Orleans on Canal St. Time and room to be determined. LSCA Board meetings are open to any member who would like to attend. ✂

Terri Tchorzynski, ASCA 2017 School Counselor of the Year to be the Keynote Speaker at the LSCA Luncheon

Dr. Wendy Rock, Post Secondary Vice President



LSCA is excited to announce that Terri Tchorzynski, the ASCA 2017 School Counselor of the Year, will be the keynote speaker at the 2019 LSCA luncheon during the LCA Conference. She will also offer a 6-hour interactive, hands-on, pre-conference workshop that will provide the necessary framework to start developing a counseling program that is proactive instead of reactive, including foundational strategies for developing a comprehensive, data-driven, student-centered counseling program. Terri will help participants develop an “administrative lingo” helping you “talk their talk to walk your walk” for student success. Terri was recently named Assistant Director of Professional Development at Hatching Results, a training organization established in 2003 by CEO and President, Dr. Trish Hatch, a co-author of the ASCA National Model. Prior to her new role, Terri was a high school counselor at the Calhoun Area Career Center in Battle Creek, MI. Her team was recognized by the Michigan Department of Education for exemplary practices in college/career readiness. Her school counseling program has been awarded RAMP twice. Terri is also a national trainer for AdvanceCTE and was named a “Top Presenter” for the Michigan Department of Education’s Career and Technical Education Conference. You will not want to miss the expertise, wisdom, and knowledge of this dynamic presenter.

Our luncheon speakers will also include our partners from ASVAB, who sponsors our luncheon helping to subsidize the cost, and LOSFA, bringing important updates to Louisiana school counselors. The pre-conference workshop will take place on Saturday, September 28, 2019, at the Sheraton New Orleans on Canal Street. The LSCA Luncheon is scheduled on Sunday, September 29th. For school counselors who are unable to miss a day of school, one option is to attend the pre-conference and Sunday (one-day registration) of the conference, which will provide you with an opportunity to earn 6 CE clock hours Saturday and up to 7 CE clock hours on Sunday! The cost for the pre-conference session with Terri is \$75.00, and one-day con-

(LSCA VP Reports, continued on page 7)



LSCA Counselor presenting at ASCA Conference! L to R: Andrew Cowan, Hannah Furlan, and Dr. Reshelle Marino

LSCA VP Reports, continued from page 5

conference and hear any feedback you may have regarding working with and supporting your fellow secondary school counselors.

If you have any questions or would like to be more involved in LSCA please feel free to email me at aman-da.duplantier@gmail.com for more information. I hope to see you at the LCA conference this fall. Please feel free to stopping by the LSCA table where I look forward to meeting you and hearing any suggestions you may have.

Article continues in next column ...

Find LSCA on Social Media

 On Facebook network with LSCA via MyLSCA — Louisiana School Counselor Association

 Use 2MyLSCA to share and view Tweets relevant to school counselors

Official website of LSCA, which includes info on the association, awards, news and events, newsletters, scholarships, and more:
<http://www.louisianaschoolcounselor.com/>



ference registration for a professional member is \$140.00. Come Saturday or Sunday, join us both days, or for the entire conference. There are many options to fit your schedule and your budget.

There are many exciting content sessions available for school counselors sure to contribute to your professional growth while providing opportunities to collaborate and network with peers and learn about the latest trends in school counseling. You will find a full listing of topics planned for the conference on page 4. Please note that for the session School Counseling and the Google Suite, you are asked to bring your laptop, tablet, etc. loaded with the Google Suite. This link could help you download a free Google Suite or start a free 14 day trial to try it out: <https://support.google.com/a/answer/2855120?hl=en>.

We look forward to seeing you at this year's LCA Conference in New Orleans! ✂



This newsletter is the work of your leadership board! As editor, I want to offer special thanks to my committee! When I complete the final draft, Claire Barry, Layla Green Touchet, Dr. Wendy Rock and Laura Smestad and Katherine Wolf pour over the document. They do more than proofread — they polish it! Then Technology/Website Chair, Cathy Smith posts your finished newsletter on the LSCA website. Thanks also to Diane Austin, LCA Executive Director, who also sends the blast email and direct link to your issue! We hope you enjoy the fruit of our labor!

VBF



Strength in Numbers!

Pamela Radford, Incoming LSCA Treasurer

Greetings from the Northwest corner of Louisiana! I, Pamela Radford, am truly honored to serve as your newly appointed treasurer to Louisiana School Counselor Association. For the past two years, I have served as the treasurer for Caddo School Counselors Association, and I am elated to extend my services to LSCA. Currently I am the 11th grade counselor at Woodlawn Leadership Academy in Shreveport. My counseling career spans over twenty-two years during which I have worked as a counselor in each grade level from 6th – 12th.

As a personal project and goal, I would like to create a team of LSCA members who hold memberships in other educational organizations. Team members will use their voices in these organizations to promote our counseling concerns. I do believe that there is strength in numbers!

Thank you LSCA board members for your vote of confidence. I will do my best to ensure that funds are accurately documented and wisely utilized.

My affiliations also include Louisiana Association for Multi-Cultural Counseling and Development, Louisiana Career Development Association, National Education Association

(Strength, continued on page 10)



Thank You Jill!

For the last 7 years, Ms. Jill Lockhart has served LSCA as our Treasurer. She has prepared biannual financial reports, completed LSCA banking, and processed vouchers for goods, services and reimbursements in a professional and efficient manner. Most recently, she worked with

President Elect-Elect Kesha Simmons to help reinstate the non-profit status for LSCA which is very important for our fiscal health!

In one of her final acts as President, Denise Latour recognized Jill at the June board meeting with kind words of appreciation and a gift to express our gratitude for her service. Thank you for everything, Jill! ✂



Presenting at the Teacher Leader Summit are Tara Washington, Dawn Stelly, and Dr. Wendy Rock

You are invited to a conference event...

Saints Watch Party at Tulane Stadium!

Valerie Calenda | Associate Director of Admission



Tulane would love to host a fun dinner and the Saints vs. Cowboys watch party for interested attendees of the LSCA conference the evening of Sunday, September 28 at Tulane's Glazer Club within Yulman Stadium. We will provide bus transportation from your host hotel to Tulane's uptown campus stadium. The transportation, dinner and drinks, musical entertainment, and of course the watch party would all be complimentary. We would only ask that attendees RSVP so that we can plan for the appropriate number of guests.

We understand that you have a variety of school counselors and this event would be geared towards those who work with students in the college search and application process as part of their position, but we welcome any of your attendees as long as we have not reached capacity which would be around 150 people. We would love to share more about Tulane with the attendees through a mini campus tour (about 20 minutes), a very brief presentation by our Admission Director, and the inclusion of some of our current students who are graduates of Louisiana high schools, but the focus will be on having fun at the stadium which will be all ours that evening! Please see our flyer on page 9. ✂



Government Relations: What Can I Do?

Brenda Eccles, Government Relations Chair

As a school counselor in the school setting, we are always encouraging counselors to advocate for the school counseling profession even when you think everything is going well. As much as we advocate, there is still a need to educate others about the counseling profession in the school setting. Additional training for administrators to use the Compass rubric evaluation form designed by LDOE's Professional School Counseling Task Force, led by Michael Lefort in 2013 is an important document. There needs to be consistency in all parishes when evaluating counselors. This Compass rubric for counselors when utilized properly more accurately assesses the work we do. Our profession provides support toward academic, personal, social and career skills to instill a sense of stability to the student so that teachers and others can provide the academic, personal and social instructions they need to be successful in life. So, what can you do?

- 1) Contact LDOE or someone trained in using the Compass rubric for counselors to provide professional development training; gather info on cost, presenter name(s) credentials, possible timing, etc.
- 2) Contact your superintendent/principal and share what you learned and explain how train-

How Do You Like the Newsletter's New Look?

Vinetta Frie, Newsletter Editor



Welcome to the first issue of incoming LSCA President, Veronica Douglas' year! As is our custom, every president has the opportunity to have the *Cajun Counselor* branded to represent their vision. As I talked with Ms. Douglas, I learned that she wanted to help each of us recommit ourselves to implementing the LSCA mission in each of our workplaces, with all we serve. As she talked about improving communication, using social media more effectively, gathering and utilizing data to better advocate for counseling and our clients, the visual symbol of a master chef, started to form.

The color scheme and clip art used for the year will reflect and reinforce this theme. I really liked the image on page 1 in the masthead as it incorporates so much of what she is focusing on this year! ✂

FOOD, DRINKS, MUSIC, AND FOOTBALL!

SAINTS VS. COWBOYS
SUNDAY, SEPTEMBER 29
GAME TIME - 7:20PM



Complimentary transportation from the Sheraton Hotel downtown to Tulane's new Yulman Stadium uptown with return trips on the hour.

RSVP

apply.tulane.edu/register/LSCA





Presenters at the Teacher Leader Summit: Dawn Stelly, Tara Washington and Dr. Wendy Rock

Government Relations, continued from page 6

ing will benefit the school system.

- 3) Contact those who will be managing/evaluating counselors and advocate for their participation in the training.

Thank you for your continued support and interest in the counseling profession in the school setting. Without your dedication and advocacy our profession would not get the recognition it deserves like so many other professions. ✂

Strength, continued from page 7

tion, Louisiana Association of Educators, Caddo Association of Educators, Delta Sigma Theta Sorority, Incorporated, and Grambling University National Alumni Association.

I wish you a spectacular school year and hope to see you in September at the Louisiana Counseling Association Conference! ✂

Is LSCA Your Primary Division?



When you register for the LCA Fall Conference, be sure to list LSCA as your PRIMARY Division. When you do this, you will increase the amount of the rebate LSCA will receive after the conference. The amount we receive is based on the number of members who attended the conference AND listed LSCA as the primary division.

Doing this helps LSCA keep your membership fee low and allows us to offer great member benefits, celebrate outstanding counselors, and provide scholarships! ✂



Terri Tchorzynski
 2017 ASCA School Counselor of the Year

“Superpowers for Student Success”
 Pre-Conference Presenter
 Saturday, Sept. 28, 2019 — \$75 fee — 6 CE credits

LSCA Luncheon & Awards Program
 Keynote Speaker

Register TODAY for the LCA Conference, Pre-Conference Session and LSCA Luncheon online via
<https://www.lacounseling.org/lca/default.asp>

Upcoming LSCA Election

Upcoming Elections for LSCA Board

Denise Latour, Past LSCA President, Nominations and Election Chair

The Louisiana School Counseling Association has three board positions open: President Elect-Elect, Middle Level and Post Secondary Vice Presidents. We have one nominee for each post, and write in candidates will be allowed, providing that individual is a current LSCA member. Voting will take place during the LCA Conference in New Orleans. Below are descriptions of the positions and information on individuals nominated.

President Elect-Elect Responsibilities

This person will be elected for a four year commitment to begin July 2020. After election in 2019 the newly elected LSCA President Elect-Elect, they will begin attending LSCA Board meetings to learn more about our Association. July 2020, they will move into the position of President-Elect-Elect, then President-Elect in July 2021 then President the year after that, in July 2022. In July 2023 the person will be Past President. If the proposed By-law amendment is approved, that person could be selected to serve as voting proxy on the LCA Board in 2024.

The President-Elect-Elect shall, in the absence of the President and President-elect preside over the Governing Board meetings and shall perform such other duties as may be directed by the Governing Board. The President Elect-Elect serves as chairman of the Strategic/Long Range Planning Committee.

Nominee's Statement



Greetings, I am Dr. Dymphna D. Davis and I am excited about the opportunity to serve and advocate for school counselors and the counseling profession as President-Elect Elect. I am a member of the American School Counseling Association, Louisiana Counseling Association, and Louisiana School Counselor Association

As a professional school counselor in a middle school, I am not in the business of isolating myself and my

Article continues in next column ...

Proposed By-Laws Changes

Brenda Eccles, By-laws Committee Chair

Thank you for your continued support and dedication as a LSCA active member. The following is an addition to the LSCA By-laws that members need to vote on at the upcoming LCA Conference in New Orleans. Our national organization, ASCA, requires the LSCA By-laws include directives concerning participation of the LSCA President on the LCA Board. Based on the approval of the LSCA Board at the June meeting, we will offer the following amendment to the membership for acceptance. Article IV, Section 5, Duties of the Officers, subparagraph (a), we propose adding the following last sentence::

The President shall appoint the Past-Past President of LSCA or an active non-voting LSCA board member to serve on the LCA Executive Board and fulfill the requirements of a Division President (attend Board meetings).

This amendment will be part of the election ballot at conference and on the mail-in ballot for LSCA members (see page 12). A vote for will put LSCA in compliance with ASCA's request and allow us to have adequate representation on the LCA board, as we are the largest LCA Division. A vote against will place us in conflict with our fiduciary responsibilities as defined by the legal opinion obtained by ASCA. ✍

duties. I have to collaborate with the entire school staff to work toward the success of the 700+ students I serve daily. My collaboration efforts go beyond the four walls of my office. I meet with other counselors within my parish to consult and plan effective ways to work with school staff and students, I created a mentor group for teachers and students at my school to help with school climate. I work with teaching staff to create ways to incorporate psycho-social learning in weekly lessons plans. Also, I work with the administration to implement programs that support parents being actively engaged in the academic and social development of their student.

I am so proud of how far we have come with advocacy for professional school counselors. As Middle School VP, I feel like I am just getting started! There is so much work

(Upcoming Election, continued on page 12)

to be done and I want to help. If elected to the office of President-Elect- Elect I will work to:

- 1) continue to expand the realm of advocacy focused on highlighting the value of having competent professional school counselors on staff to help with school climate and mental health services;
- 2) serve as a liaison between school counselors the State of Louisiana and LCA the board to continue sharing ideas that have been successfully implemented;
- 3) plan professional development opportunities for school counselors that empower school counselors to be confident in the services they provide to their students.

Responsibilities of the Middle Level Vice-President

This person will be elected for two year term to begin July 2020. The Middle Level Vice-President shall coordinate their programs with state programs, shall serve on the Membership Committee, and shall be responsible for generating interest and activities within their respective work settings.



Nominee – Mary Speed

Mary M. Speed, M.A., PLPC, NCC is a Professional School Counselor at Young Audiences Charter School in Gretna, LA. She graduated with her Master's degree in Counseling from Xavier University and holds a Bachelor's degree in Psychology from Louisiana State University. Mary has experience in the clinical setting, play

therapy and talk therapy, as well as the school setting where she services K-8 students, co-leads the Mindfulness club, and serves on the school's Leadership Team. She has served as president-elect, president, and past president for Chi Sigma Iota Epsilon Upsilon Chapter while in graduate school and has presented at the state level. Mary's research interests include trauma based interventions, the importance of recess in school-age children, play therapy best practices, parenting children with low self-esteem and ag-

Article continues in next column ...

gressive behaviors, Adlerian play therapy in the school setting, and Restorative Practices. Outside of counseling, Mary enjoys running, crocheting, reading, fishing, and spending time with her husband, five animals, family, and friends.

Responsibilities of the Post-secondary Vice-President

This person will be elected for two year term to begin July 2020. The Post-secondary Vice-President shall coordinate their programs with state programs, shall serve on the Membership Committee, and shall be responsible for generating interest and activities within their respective work settings.

Nominee – Dr. Stephanie Eberts



Stephanie Eberts, Ph.D., is an Assistant Professor of Professional Practice at Louisiana State University (LSU) and the coordinator of the School Counseling Concentration in the Counselor Education Program. She earned her doctorate in Counselor Education and Supervision from Georgia State University and her master's degree from Loyola University, New Orleans. Dr. Eberts has been a counselor educator since 2010, working at Texas State University for 5 years prior to beginning her current job at LSU. She is committed to preparing future professional school counselors and school counseling leaders. Dr. Eberts has extensive experience working in schools. She worked as a school counselor (at both the elementary and middle school level) in New Orleans for six years, and during her doctoral training she worked with Safe and Drug Free Schools of Gwinnett County in Georgia for another three years. Because of her commitment to the school counseling field, she partners with local schools and educational agencies to provide continuing education and support for practicing counselors in her area. She has held leadership positions in national professional organizations and is a regular presenter at the regional, national, and international level. She presents on topics related to school counseling, group work, play therapy, and crisis and trauma. She has published multiple book chapters and journal articles. ✂

Vote at the LCA Conference or using the mail in ballot on the last page of this issue.

Editor's Note: Thanks to YOUR active membership, the board has expanded!! If you wish to contact any member of the LSCA Leadership, simply click on the email hyperlinks below! Many of these committees are still seeking members!



Louisiana School Counselor Association's Leadership Roster for 2019-2020



Elected & Appointed Officers

Veronica Douglas, *President*
jarelle2npower@aol.com

Denise Latour, *Past President*
denise.latour@tangschools.org

Dr. Ariel Mitchell, *President Elect*
Amitch11@xula.edu

Kesha Simmons,
President Elect Elect
kmsimmons@caddoschools.org

Vacant, *Secretary*

Pamela Radford, *Treasurer*
radfordpamela@bellsouth.net

Sharon Jackson, *Parliamentarian*
sharon.jackson@jdpsbk12.org

Miriam Davis, *Elementary Level VP*
miriamdavis77@gmail.com

Dr. Dymphna Davis, *Middle Level VP*
phdddavis191307@gmail.com

Amanda Duplatier, *Secondary VP*
Amanda.duplantier@gmail.com

Dr. Wendy Rock, *Post Secondary VP*
Wendy.rock@selu.edu

Committee Chairs and Co-Chairs

Awards Co-Chairs:

Dr. Deona Austin,
Dr. Alice Cryer-Sumler,
and Linda Anderson
daustin@winnpsb.org
acryer-sumler@stcharles.k12.la.us
lwanderson@caddoschools.org

Vacant, *Ethics Board and
Professional Certification*

Pamela Radford*, *Finance*

Claire Barry Graduate Student Rep.
chbarry@uno.edu

Membership Committee:

Dr. Ariel Mitchell and all Vice
Presidents

Dr. Ariel Mitchell,*
Long-Range Planning

Denise Latour, *
Nominations & Elections

Brenda Eccles,
*Policies/Procedures/By-Laws and
Government Relations*
bdeccles@lpssonline.com

Dr. Wendy Rock*,
Professional Development

Veronica Douglas,*
Luncheon Program

Vinetta Frie, *Publications*
frienews@yahoo.com

Tara Washington,
Public Relations/Advocacy
twashington97@ebrschools.org

Dr. Stephanie Eberts,
Research Grant & Scholarship Chair
seberts@lsu.edu

Rachel Young, *Social Media*
Rachelyoung43@gmail.com

Leslie Lancaster, *Social Media @
Conference*
LLancaster@lsdvi.org

Cathy Smith, *Technology/Website*
catz80@gmail.com

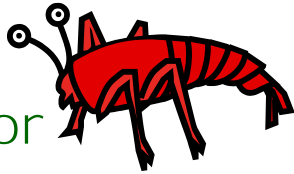
2019 Counselors of the Year:

Dawn Stelly, Elementary
dmstelly@lpssonline.com

Brittany Pecor, Middle
brittanyblanchard93@yahoo.com

Robin Valerius, Secondary
rvalerius@stcharles.k12.la.us

**see first column for member's contact information contact info*



Rouxfus

Cajun Counselor is the quarterly newsletter of the Louisiana School Counselor Association, LSCA. LSCA is the state branch of the American School Counselor Association, ASCA. LSCA is also the largest division in LCA, the LA Counseling Association. Total LSCA membership now exceeds 650 counselors statewide.

Fall Submission Deadlines:

Oct. 11 and Dec. 1, 2019

Submit articles to Vinetta Frie,

frienews@yahoo.com

(please include LSCA in subject line)

We're on the Web:

www.louisianaschoolcounselor.org

Upcoming Event

LSCA Board Meeting
Sunday: September 28th
Sheraton Hotel — 8 a.m.
New Orleans, LA



Clawdette



LSCA Mail In Ballot

By-Law Amendment

- Accept the amendment listed on page 8
- Reject the amendment listed on page 8

President Elect–Elect

- Dr. Dymphna D. Davis
- Write In Candidate

E-mail: _____

Current LSCA Member? Yes No

Middle Level Vice President

- Mary Speed
- Write In Candidate

E-mail: _____

Current LSCA Member? Yes No

Post-Secondary Vice President

- Dr. Stephanie Eberts
- Write In Candidate

E-mail: _____

Current LSCA Member? Yes No

*Print this page and mail your vote by **September 20, 2019** to Ms. Denise Latour, Past President, 13053 Dale Drive Ponchatoula, LA 70454 OR you may vote in person at the LCA Conference at the Sheraton Hotel.*

